



# NEWSLETTER

**April- July 2025**

**CSR SUSTAINABILITY**

## STORY OF ANKITA: GETTING SUCCESS WITH THE HELP OF PUC



**Ankita** comes from a low-income family and was raised in an ordinary neighbourhood. Student of 5<sup>th</sup> class A.V.M public School Fatehgarh, Ambala.

In the beginning, she faced difficulties in studying, which led to a continuous decline in her academic performance. Her family's weak financial condition made expensive tuitions or private coaching unaffordable.

It was through her PUC teachers that she came to know about the free classes at the Anand Foundation Tuition and Library. Out of curiosity, Ankita visited the Anand Foundation Centre. She initially enrolled in tuition classes for Class 3,

and continued with the tuition program in Class 4 as well. During this time, she was drawn to the library at the Centre. In Class 5, she took admission in the library program, where she discovered a peaceful environment and a wide range of books. She began visiting regularly and spent hours each day studying.

The library teacher played a pivotal role in her growth. She supported her in improving her reading and comprehension skills and encouraged her to express her thoughts through writing. This guidance significantly enhanced her writing abilities.

Within a few months, Ankita's reading speed and understanding had improved remarkably. Through her dedication and hard work, she successfully cracked the **Navodaya Vidyalaya entrance exam**.

Ankita's journey is more than just a story of personal success-it is a testament to how the right environment, encouragement, and access to resources can empower any student to turn their dreams into reality.

## MANISH KUMAR INSPIRING JOURNEY: FROM STRUGGLES TO MILITARY SERVICE



Manish Kumar, the son of Mr. Jay Bhagwan and Mrs. Baljeet Kaur, hails from an economically weaker family. His father works as a labourer to support the household. Despite limited means, Manish remained determined to achieve his dream of joining the **Indian Army** and improving his family's condition.

However, Mathematics posed a major challenge in his academic journey. That's when the **Parijat Urja Chakra (PUC)** and its library became a turning point in his life. At PUC, he gained free access to a variety of books, especially those focused on competitive exams, along with continuous academic support and guidance.

**Teacher Parvinder Singh** played a vital role in helping him overcome his fear of mathematics, while **library educator Supriya Sharma** made sure he always had the right study materials. **Centre Head Nirmala Singh** constantly motivated and encouraged him to stay focused and never give up.

With his relentless hard work and the support provided by PUC, Manish successfully cracked the **Indian Army selection exam**. The day he received his selection letter was an emotional and proud moment for his family and teachers alike.

His mother, **Baljeet Kaur**, said, "PUC became a ray of hope for us." Manish shared, "We lived in poverty, but I had the determination. PUC made my path easier. With the right support, any student can achieve their dreams."

Today, PUC continues to be a **beacon of hope** for many children like Manish, lighting the way to a brighter future.

## AVNI: MY HARD WORK, PUC's SUPPORT, AND A NEW BEGINNING



My name is Avni, and I come from a humble background. My father is a daily wage labourer, and my mother is a homemaker. With limited financial means, affording private coaching was never an option for us. Yet, I was always passionate about studying I just lacked the proper guidance and resources.

In **November 2024**, I came to know about the **Parijat Urja Chakra (PUC)** and enrolled in their tuition classes. Everything at PUC—from education and books to mentoring—is provided **completely free of cost**.

When I learned about the **Jawahar Navodaya Vidyalaya (JNV) entrance exam**, the teachers at PUC rallied behind me. They worked closely on my weak areas, conducted frequent mock tests, and encouraged me every step of the way. They never let me lose hope, even when I doubted myself.

Thanks to their unwavering support and my own determination, I successfully cleared the **JNV entrance exam in March 2025**. For the first time in my family, someone had cracked such a prestigious exam.

Today, I study at a reputed school, live in a hostel, and receive a **completely free and quality education**. It feels like a new chapter has begun in my life. My dream now is to become a **doctor** and uplift my family—especially my parents, who have sacrificed so much for me.

PUC gave me the platform, the encouragement, and the belief that **dreams do come true**—no matter where you come from.



## **BAG DISTRIBUTION: MEETING CHILDREN'S BASIC NEEDS**



Understanding the needs of children at PUC, sturdy school bags and water bottles were distributed. The goal of Anand Foundation was to ensure that no child is deprived of education due to a lack of resources. This effort not only boosted the children's confidence but also added to their comfort.

## **PARENT-TEACHER MEETING: TOWARDS BETTER EDUCATION THROUGH COLLABORATION**



At PUC, quarterly parent-teacher meetings are organized to ensure active parental involvement in each child's growth and development.

Teachers provide valuable suggestions on how parents can reinforce learning at home, while parents are encouraged to share their perspectives, concerns, and observations. This open, two-way communication helps build trust and partnership between the school and families.

By working together, both teachers and parents contribute to creating a strong foundation for the child's holistic development, nurturing not just academic success but also emotional and social well-being.

## SCIENCE EXHIBITION: AN INITIATIVE TO LEARN THROUGH EXPERIMENTS



A special **science exhibition** was organized at PUC in collaboration with the **Anand Foundation**, featuring enthusiastic participation from **scientists of the Kurukshetra Panorama**. The primary goal of the event was to move children beyond textbook-based learning and introduce them to science through **interactive, hands-on experiences**.

Using **portable science models**, the visiting scientists conducted live demonstrations on fascinating topics such as **gravity, sound, light, energy, and chemical reactions**. The children were not just passive observers—they actively participated in small experiments, which sparked their curiosity, encouraged **scientific thinking**, and built **confidence** in expressing their ideas.

Throughout the exhibition, children asked insightful questions, shared their thoughts, and discovered that science could be **fun, engaging, and accessible**. The experience not only **deepened their understanding of scientific concepts** but also inspired many to pursue science more seriously in the future.

This inspiring event clearly demonstrated that when children are given **practical learning opportunities**, they learn more effectively and develop a **genuine interest** in the subject. The joint efforts of **PUC and the Anand Foundation** transformed a simple exhibition into a powerful educational experience that left a lasting impact.



## FARMER TRAINING: RURAL PROGRESS THROUGH MODERN AGRICULTURE



Parijat Urja Chakra has adopted 4 villages and farmers thereof for improving agricultural income by improvement of agricultural practices. Approximately 100 farmers are adopted. A team of very senior Agricultural experts headed by the Ex Director of Horticulture in Haryana has been contracted for this project. Resources have been allocated in terms of classroom training, farmer field, establishing demonstration farms, soil testing, providing of agricultural inputs and advanced agricultural techniques are the comprehensive package of this initiative.

The CSR initiative focuses on empowering local farmers by providing improved agricultural techniques to enable improvement in yield as well as agricultural income. This includes

1. Soil Health Improvement
2. Improved Seed Varieties
3. Modern Farming Methods
4. Better Crop Health
5. Judicious Use of Fertilisers & Soil Nutrients
6. Improving Crop Protection by Judicious & minimum use of Pesticides
7. Promotion Organic Methods & Inputs
8. Exposure to Scientific Conferences & Fairs
9. Scientific Exposure



## EMPOWERING ANGANWADI CENTERS THROUGH THE INITIATIVE OF PARIJAT INDUSTRIES AND ANAND FOUNDATION



Parijat Industries (India) Pvt. Ltd., in collaboration with the Anand Foundation, has taken a commendable step to strengthen Anganwadi centres in Fatehgarh and Jatwar villages under its CSR initiative. Educational toys, sports materials, utensils, and other essential supplies were distributed to enhance early childhood learning environments.



The program began with a ribbon-cutting ceremony in Fatehgarh, attended by Parijat Industries HODs Laxman Singh Negi, Sanjeev Kumar Tiwari, Ravi Choker, village Sarpanch Om Prakash, Anganwadi staff, Centre Head Nirmala Singh, and PUC staff. A second inauguration was held in Jatwar in the presence of the Jatwar Sarpanch.

The village sarpanches praised the initiative as highly beneficial for children's education and development.



## FREE TWO - DAY HEALTH CAMP BY PARIJAT INDUSTRIES



Parijat Industries India Pvt. Ltd. Organized Health Camps on 25th & 26th June 2025 under its CSR initiative at Parijat Urja Chakra in Fatehgarh and the Community Health Centre in Mandour, Ambala.

The camps saw enthusiastic participation, with over 200 community members of all age groups attending each session for medical check-ups.

The camp was staffed by a team of specialists, including a General Physician, a Dentist, a Gynaecologist, and an Eye Specialist, ensuring comprehensive care for attendees.

Additionally, spectacles were distributed to those in need, further emphasizing the company's commitment to community health and well-being.

## SUMMER CAMP HIGHLIGHTS: A PERFECT BLEND OF FUN, LEARNING & CREATIVITY



The 10-day summer camp organized by Parijat Urja Chakra was a fun-filled, creative, and enriching experience for all the children. Every day brought a new opportunity for learning, teamwork, and joy. Among the Many wonderful activities, here are three that stood out the most:

Activities:

**1. Best from Waste:** This activity encouraged creativity and environmental awareness among children. Using discarded items like plastic bottles, boxes, old newspapers, and wrappers, the children crafted beautiful and useful items.

It taught them how to reuse materials in a meaningful way and inspired a sense of responsibility towards nature and sustainability.



## 2. Magic Show:

The magic show added wonder and excitement to the camp. The magician's tricks amazed the children and sparked curiosity in their minds. Many children even got a chance to participate in the act, which boosted their confidence and engagement. It was not just entertaining but also encouraged learning, imagination and interactive

## 3. Tug of War & Story Writing:

Tug of war promoted team spirit, coordination, and enthusiasm among the children. It was a thrilling game that brought them together in a fun and competitive way. On the other hand, the story writing activity allowed them to explore their imagination and express thoughts creatively, improving their writing and thinking skills.



## OTHER ACTIVITIES INCLUDED

- Carrom Competition & Obstacle Race
- Balance the Bottle, Balloon Cup Pick & Cone Collect
- Musical Chair, Balloon Toss & Monkey Bar Climbing
- Pass the Circle & Pass the Balloon
- Musical Cushion Game & Capture the Flag
- Movie Day & Birthday Celebration
- Prize Distribution, Birthday Gifts & FD Students' Fund Sharing

This summer camp was not just about fun-it was a platform that nurtured confidence, creativity, teamwork, and curiosity in every child.

